

Sermon Q's - July 2, 2023

A God for Sleepless Nights and Speechless Days Psalm 77

1. When you think about crying out to God honestly about hurts and struggles, what do you feel? Eager? Hesitant? Confused?

2. Where do you tend to go with your complaints other than God? Someone else? An escape? Yourself? How does any of those options miss the heart of biblical lament?

3. When have you experienced lamenting to God and not hearing any answer or feeling any hope? How did you respond?

4. What is the goal of biblical lament? How does that relationship with God become truer and more primary in our life experience?

5. What is your favorite hymn of lament? (Consider "O Heart Bereaved and Lonely," "Psalm 130," "Abide with Me," "God Moves in a Mysterious Way," or "Dear Refuge of My Weary Soul" from Sunday's service.)

6. How does the cross remind us that "being confused by God does not mean you're not also being rescued by God"? How would you explain this to a non-Christian struggling with his own painful experience?