



To all who are weary and need rest ...
To all who mourn and long for comfort ...
To all who feel worthless and wonder if God cares ...
To all who struggle and desire strength ...
To all who sin and need a Savior ...
We do, too.

Welcome in the name of the Lord Jesus Christ, our great Hope and Joy, the reason we gather to celebrate and worship. Southwood opens wide our doors, our hearts, and our lives as our God has done for us.

February 8, 2026

8:45 AM Prayer Gathering

9:30 AM Worship Service

11:00 AM Express Grace Connect Hour

Worship Service

We contemplate who God is and who we are as we gather to worship.

MEDITATION

“You move us to delight in praising You; for You have made us for Yourself, O Lord, and our hearts are restless till they find rest in You.”

Augustine of Hippo, *Confessions*

God welcomes us into his presence and reorients our hearts to Him and each other.

CALL TO WORSHIP

ALL: Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

LEADER: We have this hope as an anchor for the soul

Matthew 11:28-30, Hebrews 6:19

We express the worth of our God and the emotions of our hearts to Him.

SONGS

“Come, Ye Sinners”
“Rejoice”

PRAYER OF PRAISE

Helping Lead Today's Worship Service

- **Will Spink** Senior Pastor
- **Bill Harritt** Associate Pastor
- **Cathy Mayer** Announcements
- **DJ Baptiste** Director, Music Ministry
- **Newt Johnson** Piano
- **Nick Walker** Bass Guitar
- **Ron Poteat** Electric Guitar
- **Marcus Pope** Drums
- **Michael Babin** Vocals
- **Angela Baptiste** Vocals
- **Kathryn Jones** Vocals
- **Jarrett Kaempfer** Audio
- **Andrew Foreman** Livestream
- **Padyn Pearson** Slides

Worship Service

We remind one another where our hope and trust must rest.

PROFESSION OF FAITH

Question: What is your only comfort in life and in death?

Answer: That I am not my own, but belong—body and soul, in life and in death — to my faithful Savior, Jesus Christ. He has fully paid for all my sins with his precious blood, and has set me free from the tyranny of the devil. He also watches over me in such a way that not a hair can fall from my head without the will of my Father in heaven; in fact, all things must work together for my salvation. Because I belong to him, Christ, by his Holy Spirit, assures me of eternal life and makes me wholeheartedly willing and ready from now on to live for him.

Heidelberg Catechism, Question 1

We talk honestly with our Father about our weakness, idolatry, and need for Him.

CONFESSION OF SIN

PRIVATE CONFESSION

God reminds us of his grace and forgiveness as the foundation of our relationship.

ASSURANCE OF PARDON

For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins.

Colossians 1:13-14

SONG

“Christ, Our Hope in Life and Death”

We celebrate how God’s grace flows through us in our relationships and community.

GREETING AND ANNOUNCEMENTS

OFFERTORY SONG

“Jesus, I Am Resting, Resting”

Parents may escort K-1st graders upstairs during offertory.

Worship Service

God speaks to us from the Bible explained and applied to our lives.

PREACHING OF THE WORD

Hebrews 4:1-13
"Working to Rest"

God invites us to taste and see his goodness in the bread and cup that represent the body and blood of Jesus for us.

LORD'S SUPPER

The Lord's Supper is the family meal of Christians. We invite all those who trust in Jesus and are baptized members in good standing of any church that preaches the good news of Jesus to partake in the meal with us. Children not yet received as communing members or others not partaking today are encouraged to observe and/or ask an elder to pray with you after the service.

** Gluten-free bread is available in center front and back.*

** Grape juice is in clear cups in the outer ring of each tray, while wine is in purple cups in the inner rings.*

SONG OF REFLECTION

"I Heard the Voice of Jesus Say"

SONG OF RESPONSE

"Jesus, I Am Resting, Resting"

God sends us on his mission with his blessing.

BENEDICTION

The LORD bless you and keep you; the LORD make his face to shine upon you and be gracious to you; the LORD lift up his countenance upon you and give you peace.

Numbers 6:24-26



Following the Worship Service

Pastor Will will greet and pray with people at the front of the sanctuary.

Join us for Connect Hour, relating with God and each other around his Word.

Adults/HS Youth: Gather in the sanctuary for "Express Grace Through Gifts"

High-Life: Jr. High classes in the Lodge across the street

Kids Connect: (Birth-5th grade) classes in the Nursery and upstairs

Sermon Notes

What is the soul _____ Jesus invites us into?

God's joyful _____ with, contented _____ of, finished work.

1. Rest after _____
2. Rest in the _____
3. Rest We _____
4. Rest in the _____

*** The _____ of Entering Jesus' Rest (4:1,6,7,11)

What does _____ to enter Jesus' _____ look like?

1. Letting Go: _____ (4:10, 12-13)
2. Holding On: _____ (4:2,3)

Grace Group Questions *(for fuller discussion guide, visit southwood.org)*

1. How hard do you find experiencing soul rest? What factors in your heart and our world most challenge you?
2. How would you describe to someone the biblical dynamic of working to rest? What is involved or not involved? Does longing for rest resonate with your unbelieving friends?
3. What is one thing you'd like to see change in your life in regard to letting go or holding on? How does/could your Sabbath rhythm help your heart with that goal?

Announcements

Connect Hour for Adults

Adults remain in the sanctuary for Connect Hour today as we wrap up our focus on Expressing Grace through our spiritual gifts with more practical conversations about how to use our gifts to serve our church and our neighbors.

Communicants Class

Kids (and their parents) interested in learning more about relationship with Jesus and church membership are invited to our Communicants Class beginning today upstairs during the Connect Hour.

Flourish Women's Gathering

Ladies, join us this afternoon at 2:30pm in the Connecting Spaces for Flourish, an opportunity to connect with other women across generations. Sarah McCoy will lead us in discussing the topic of Sabbath: Rest for Busy Women.

Missions Trip Interest Meeting

If you are interested in a Missions trip to Thailand this July, please join us for a meeting immediately following Connect Hour on Sunday, Feb 22, in Room A.

Prayer Resource (February) Available

The prayer resource for our Bible reading plan for February is now available in the Narthex or Guest Center as well as on our website on the reading plan PDF. Southwood leaders wrote these daily prayers inspired by the daily Scripture as an aide to us in slowing down to talk with God as we read his Word.

This Week @ Southwood Sunday, February 8

8:45am – Prayer Gathering
9:30am – Worship Service
11:00am – Connect Hour (all ages)
11:00am – Communicants Class
2:30pm – Flourish Women's Gathering
7:00pm – Sr. High-Life

Tuesday, February 10

6:30pm – Session Meeting

Wednesday, February 11

6:00pm – Jr. High-Life
6:30pm – Women's Grace Groups

Thursday, February 12

10:00am – Women's Grace Groups

Join us on God's mission together by becoming part of a smaller community through Grace Groups. Women's groups, men's groups, and coed groups meet throughout the week. Sign up to get connected at southwood.org/grace-groups.

Deacon/Finance Update

Quarterly Budget Need is based on Southwood's historical giving patterns.

Jan-Mar Budget Goal: \$722,092
Jan-Mar Giving to Date: \$189,624

Last Week's Giving: \$76,996



Scan this QR code to give electronically.

Learn more, see full event calendars, and give electronically at southwood.org.

Prayer Guide

Core Commitment

We are committed to being Christ-centered.

Ask for hearts that increasingly listen to and trust the voice of our Good Shepherd over any other voice we hear.

Pray that God would protect us from self-promotion and pride that would seek to build our own kingdoms rather than Christ's.

Ask God to give our young people a passion for knowing Him and making Him known to classmates and friends.

Specific Needs

Praise God for the birth of Peter Edward Fenton to Henry and Krista this week.

Pray for Saturday morning's Serving Day gathering to inspire practical use of each of our gifts to love our church family and our community.

Pray for our women's Flourish gathering Sunday afternoon to be a time of spiritual refreshment and relational connection across generations.

Pray for unity and wisdom for our elders as they gather Tuesday night to pray and plan for our church.

Mission Partner Focus

Mission Increase equips donors, churches, and nonprofits with biblically grounded training, tools, and resources that maximize Kingdom impact so more lives are transformed for Jesus. Founded in 1999, their heart is to help ministries grow and thrive through strong leadership and sustainable support, not just short-term giving.

Join us in praying for Mission Increase and the 31 nonprofit ministries they support throughout the Huntsville community. Ask the Lord to guide each ministry's mission, strengthen their leadership, and keep their work deeply rooted in Christ. Pray also that hearts within Southwood would be stirred to come alongside these ministries, using the unique gifts God has given them to serve, encourage, and advance His Kingdom purposes.

Senior Member

Mary Vaughn

2211 Country Club Ave NW
Huntsville, AL 35816

Expectant Mothers

Rosemary Spooner — February 2026

Ashleigh Lewis — March 2026

Amanda Tatum — March 2026

Megan Craig — May 2026

Kathryn Propst — July 2026

**Email prayer@southwood.org
to be included in this Prayer Guide.**

Southwood's Mission

Southwood exists to experience and express grace in relationships that impact eternity.

Southwood's Core Commitments

We are committed to being Christ-centered.

We recognize our deep dependence and need for prayer.

We are driven by relationships.

We strive to love the least, the lost, the littlest, the lonely, and the left-out.

We seek the restoration of all creation in Huntsville and beyond.

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southwood.org



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to let us know you're
here.

Experience & Express
Grace