

Grace Group Questions:

- 1. How does understanding the role of the Holy Spirit as our "Helper" change the way you approach feelings of loneliness and isolation?**
- 2. In what ways can we practically invite the Holy Spirit into our daily lives to combat loneliness, especially during moments of silence or solitude?**
- 3. How can we, as followers of Christ, become vessels of God's love for those who are lonely?**